

Pl	tnr	Name	Kat	Zeit																							
<b>Bahn 1 (28)</b>					<b>7,0 km</b>	<b>60 Hm</b>	<b>25 P</b>																				
					1(57)	2(52)	3(59)	4(31)	5(32)	6(33)	7(34)	8(37)	9(36)	10(39)	11(41)	12(40)	13(56)	14(44)	15(43)	16(50)	17(42)	18(54)	19(46)	20(47)	21(48)	22(35)	
					23(49)	24(38)	25(100)	Ziel																			
1	87	Ingo Horst SC Königstein	H35	43:24	2:36	4:47	6:15	7:06	7:46	8:38	9:23	12:24	13:41	15:25	17:16	17:57	20:11	23:43	24:34	25:42	26:46	29:05	30:50	32:44	33:21	37:05	
					2:36	2:11	1:28	0:51	0:40	0:52	0:45	3:01	1:17	1:44	1:51	0:41	2:14	3:32	0:51	1:08	1:04	2:19	1:45	1:54	0:37	3:44	
					39:54	42:01	43:09	43:24																			
					2:49	2:07	1:08	0:15																			
2	82	Hendrik Holzha LTV Hessen	H19-	45:25	2:28	4:46	6:25	7:31	8:19	9:18	10:08	13:31	14:54	16:46	18:50	19:31	21:49	25:39	26:30	27:42	28:45	31:09	33:55	35:43	36:21	39:07	
					2:28	2:18	1:39	1:06	0:48	0:59	0:50	3:23	1:23	1:52	2:04	0:41	2:18	3:50	0:51	1:12	1:03	2:24	2:46	1:48	0:38	2:46	
					42:14	44:04	45:10	45:25																			
					3:07	1:50	1:06	0:15																			
3	81	Jakob Schach LTV Schwaben	H19-	45:29	2:32	4:53	6:39	7:21	8:02	8:43	9:42	13:07	14:51	18:20	20:16	20:52	23:06	26:26	27:14	28:22	29:22	31:30	33:08	34:44	35:18	39:16	
					2:32	2:21	1:46	0:42	0:41	0:41	0:59	3:25	1:44	3:29	1:56	0:36	2:14	3:20	0:48	1:08	1:00	2:08	1:38	1:36	0:34	3:58	
					42:00	44:13	45:14	45:29																			
					2:44	2:13	1:01	0:15																			
4	83	Michael Thierolf TSG Bad König	H19-	48:31	2:49	5:49	7:59	8:47	9:30	10:16	11:09	14:23	16:06	18:35	20:45	21:23	23:44	27:38	28:35	30:00	31:00	33:26	35:18	37:12	37:50	40:26	
					2:49	3:00	2:10	0:48	0:43	0:46	0:53	3:14	1:43	2:29	2:10	0:38	2:21	3:54	0:57	1:25	1:00	2:26	1:52	1:54	0:38	2:36	
					43:42	47:08	48:16	48:31																			
					3:16	3:26	1:08	0:15																			
5	85	Jakob Doetsch OLV Steinberg	H35	50:15	2:55	5:27	7:13	8:27	9:10	9:56	10:50	14:19	16:09	17:54	20:16	21:01	23:36	27:23	28:19	29:39	30:47	33:22	35:42	38:09	38:53	41:59	
					2:55	2:32	1:46	1:14	0:43	0:46	0:54	3:29	1:50	1:45	2:22	0:45	2:35	3:47	0:56	1:20	1:08	2:35	2:20	2:27	0:44	3:06	
					45:34	48:45	49:58	50:15																			
					3:35	3:11	1:13	0:17																			
6	77	Friedrich von U LTV Hessen	H19-	50:28	2:42	7:29	9:02	9:50	10:37	11:26	12:20	15:37	17:09	19:14	21:24	22:08	24:30	28:13	29:11	30:27	31:34	34:05	35:58	37:50	38:38	42:26	
					2:42	4:47	1:33	0:48	0:47	0:49	0:54	3:17	1:32	2:05	2:10	0:44	2:22	3:43	0:58	1:16	1:07	2:31	1:53	1:52	0:48	3:48	
					46:30	49:09	50:12	50:28																			
					4:04	2:39	1:03	0:16																			
7	73	Ben Schweiker LTV Schwaben	H19-	51:13	3:10	6:17	8:14	9:05	9:57	10:48	11:55	15:33	17:09	18:54	21:01	21:33	24:11	27:56	29:05	30:28	32:01	34:40	36:58	38:57	39:40	43:29	
					3:10	3:07	1:57	0:51	0:52	0:51	1:07	3:38	1:36	1:45	2:07	0:32	2:38	3:45	1:09	1:23	1:33	2:39	2:18	1:59	0:43	3:49	
					46:54	49:51	51:04	51:13																			
					3:25	2:57	1:13	0:09																			
8	72	Kolya Saß OLF Mainz	H19-	51:16	3:00	6:06	7:55	8:46	9:46	10:46	11:50	15:50	17:28	19:30	21:50	22:35	25:10	29:12	30:19	31:38	32:43	35:14	37:59	39:51	40:30	43:19	
					3:00	3:06	1:49	0:51	1:00	1:00	1:04	4:00	1:38	2:02	2:20	0:45	2:35	4:02	1:07	1:19	1:05	2:31	2:45	1:52	0:39	2:49	
					46:43	49:51	51:01	51:16																			
					3:24	3:08	1:10	0:15																			
9	98	Markus Proling TuS Karlsruhe-	H35	51:41	3:28	6:13	7:54	8:47	9:32	10:31	11:25	15:28	16:59	20:09	22:36	23:27	26:11	30:04	31:01	32:28	34:01	36:33	38:24	40:23	41:11	44:13	
					3:28	2:45	1:41	0:53	0:45	0:59	0:54	4:03	1:31	3:10	2:27	0:51	2:44	3:53	0:57	1:27	1:33	2:32	1:51	1:59	0:48	3:02	
					47:32	49:50	51:21	51:41																			
					3:19	2:18	1:31	0:20																			
10	95	Anatolii Dunaev SC Königstein	H35	52:39	3:25	6:30	8:24	9:13	9:59	10:52	12:57	16:45	18:09	19:55	22:13	23:00	25:45	29:51	30:50	32:09	33:25	35:53	38:25	40:36	41:19	44:34	
					3:25	3:05	1:54	0:49	0:46	0:53	2:05	3:48	1:24	1:46	2:18	0:47	2:45	4:06	0:59	1:19	1:16	2:28	2:32	2:11	0:43	3:15	
					48:24	51:02	52:17	52:39																			
					3:50	2:38	1:15	0:22																			
11	79	Mark Otto SV IHW Alex 78	H19-	56:37	3:35	6:30	8:29	9:31	10:30	11:43	14:29	18:24	20:08	22:29	25:04	25:52	28:37	33:05	34:08	35:32	36:49	39:42	42:26	44:53	45:36	48:37	
					3:35	2:55	1:59	1:02	0:59	1:13	2:46	3:55	1:44	2:21	2:35	0:48	2:45	4:28	1:03	1:24	1:17	2:53	2:44	2:27	0:43	3:01	
					52:15	54:53	56:20	56:37																			
					3:38	2:38	1:27	0:17																			
12	78	Steffen Hartman LTV Schwaben	H19-	57:20	3:26	6:31	8:47	10:09	11:12	12:34	13:38	17:41	19:48	21:55	24:45	25:28	28:11	32:54	34:00	35:40	37:14	39:48	42:03	44:13	45:03	48:33	
					3:26	3:05	2:16	1:22	1:03	1:22	1:04	4:03	2:07	2:07	2:50	0:43	2:43	4:43	1:06	1:40	1:34	2:34	2:15	2:10	0:50	3:30	
					52:13	55:32	57:04	57:20																			
					3:40	3:19	1:32	0:16																			
13	93	Christian Kosc OLV Steinberg	H35	57:26	4:43	7:25	10:05	11:09	12:19	13:23	14:23	18:09	20:09	22:28	25:28	26:21	29:08	33:29	34:35	35:50	36:57	39:40	42:13	44:24	45:11	49:07	
					4:43	2:42	2:40	1:04	1:10	1:04	1:00	3:46	2:00	2:19	3:00	0:53	2:47	4:21	1:06	1:15	1:07	2:43	2:33	2:11	0:47	3:56	
					53:00	55:49	57:08	57:26																			
					3:53	2:49	1:19	0:18																			

Pl	tnr	Name	Kat	Zeit																						
<b>Bahn 1 (28)</b>					<b>7,0 km</b>	<b>60 Hm</b>	<b>25 P</b>	<i>(Forts.)</i>																		
				1(57) 23(49)	2(52) 24(38)	3(59) 25(100)	4(31) Ziel	5(32)	6(33)	7(34)	8(37)	9(36)	10(39)	11(41)	12(40)	13(56)	14(44)	15(43)	16(50)	17(42)	18(54)	19(46)	20(47)	21(48)	22(35)	
14	97	Jörn Saß OLF Mainz	H35	57:35	3:30 3:30 53:17 3:27	6:38 3:08 56:09 2:52	8:45 2:07 57:20 1:11	9:52 1:07 57:35 0:15	10:53 1:01	12:18 1:25	13:26 1:08	17:36 4:10	19:21 1:45	21:24 2:03	24:15 2:51	25:11 0:56	27:51 2:40	32:05 4:14	33:43 1:38	35:14 1:31	37:02 1:48	40:31 3:29	43:22 2:51	45:37 2:15	46:24 0:47	49:50 3:26
15	91	Christian Oberl CTG Koblenz	H35	1:00:52	5:28 5:28 56:40 4:09	9:40 4:12 59:12 2:32	11:44 2:04 1:00:34 1:22	13:03 1:19 1:00:52 0:18	14:01 0:58	15:09 1:08	16:29 1:20	20:54 4:25	22:51 1:57	25:11 2:20	28:10 2:59	29:04 0:54	32:26 3:22	36:45 4:19	37:42 0:57	38:51 1:09	41:12 2:21	43:42 2:30	45:59 2:17	48:17 2:18	49:02 0:45	52:31 3:29
16	94	Benny Coppik OLV Steinberg	H35	1:01:58	3:16 3:16 56:06 4:09	6:19 3:03 1:00:04 3:58	8:26 2:07 1:01:36 1:32	9:32 1:06 1:01:58 0:22	10:26 0:54	11:32 1:06	12:57 1:25	17:44 4:47	19:43 1:59	21:59 2:16	24:55 2:56	25:45 0:50	28:51 3:06	33:53 5:02	35:02 1:09	37:51 2:49	39:19 1:28	42:25 3:06	45:06 2:41	47:40 2:34	48:27 0:47	51:57 3:30
17	92	Vadim Ni OLV Steinberg	H35	1:02:18	4:37 4:37 57:36 3:37	7:59 3:22 1:00:38 3:02	10:53 2:54 1:02:01 1:23	12:05 1:12 1:02:18 0:17	13:17 1:12	14:30 1:13	16:02 1:32	20:05 4:03	21:58 1:53	24:47 2:49	28:11 3:24	29:15 1:04	32:03 2:48	36:59 4:56	38:07 1:08	39:46 1:39	41:08 1:22	44:04 2:56	46:45 2:41	49:20 2:35	50:07 0:47	53:59 3:52
18	80	Simeon Doetsc OLV Steinberg	H19-	1:03:48	4:39 4:39 58:56 4:04	7:18 2:39 1:01:59 3:03	9:18 1:03 1:03:28 1:29	10:21 1:03 1:03:48 0:20	11:16 0:55	12:21 1:05	13:26 1:05	18:57 5:31	22:40 3:43	24:49 2:09	27:50 3:01	28:42 0:52	31:52 3:10	37:07 5:15	38:15 1:08	39:56 1:41	41:33 1:37	45:16 3:43	47:47 2:31	50:24 2:37	51:17 0:53	54:52 3:35
19	99	Marcus Schmidt TSG Wiesloch	H35	1:05:03	3:41 3:41 1:00:24 3:56	6:51 3:10 1:03:25 3:01	8:57 2:06 1:04:47 1:22	10:04 1:07 1:05:03 0:16	11:06 1:02	12:39 1:33	14:03 1:24	19:08 5:05	21:12 2:04	25:42 4:30	28:40 2:58	29:36 0:56	32:43 3:07	37:22 4:39	38:35 1:13	40:00 1:25	41:27 1:27	44:22 2:55	46:52 2:30	49:28 2:36	50:18 0:50	56:28 6:10
20	75	Dennis Diebold CTG Koblenz	H19-	1:08:55	4:30 4:30 1:01:44 3:15	7:28 2:58 1:07:29 5:45	9:22 1:54 1:08:34 1:05	10:06 0:44 1:08:55 0:21	10:58 0:52	12:08 1:10	13:13 1:05	18:14 5:01	20:04 1:50	25:14 5:10	28:19 3:05	29:06 0:47	31:28 2:22	35:23 3:55	36:26 1:03	38:02 1:36	40:37 2:35	43:30 2:53	50:31 7:01	53:24 2:53	54:38 1:14	58:29 3:51
21	96	Kurt Henning S Gymnasion Offe	H35	1:11:00	3:53 3:53 1:04:12 4:25	7:38 3:45 1:09:00 4:48	10:05 2:27 1:10:36 1:36	11:26 1:21 1:11:00 0:24	12:50 1:24	14:22 1:32	15:41 1:19	20:57 5:16	23:26 2:29	26:44 3:18	29:49 3:05	30:50 1:01	34:22 3:32	40:16 5:54	41:27 1:11	43:20 1:53	44:53 1:33	48:03 3:10	51:03 3:00	54:21 3:18	55:45 1:24	59:47 4:02
22	74	Johannes Nadl ohne Verein	H19-	1:11:35	5:06 5:06 1:06:01 4:02	8:56 3:50 1:09:39 3:38	11:17 2:21 1:11:16 1:37	12:25 1:08 1:11:35 0:19	13:34 1:09	15:04 1:30	18:12 3:08	23:07 4:55	26:10 3:03	30:42 4:32	33:30 2:48	34:26 0:56	37:31 3:05	44:01 6:30	45:04 1:03	47:01 1:57	49:02 2:01	51:54 2:52	54:55 3:01	57:09 2:14	58:02 0:53	1:01:59 3:57
23	76	Sebastian Bolle LTV Hessen	H19-	1:14:10	12:18 12:18 1:07:54 4:18	15:46 3:28 1:12:31 4:37	18:09 2:23 1:13:57 1:26	19:11 1:02 1:14:10 0:13	20:04 0:53	21:04 1:00	22:25 1:21	27:50 5:25	30:01 2:11	32:28 2:27	35:33 3:05	36:31 0:58	39:54 3:23	45:04 5:10	46:29 1:25	48:02 1:33	49:26 1:24	52:36 3:10	55:25 2:49	58:16 2:51	59:04 0:48	1:03:36 4:32
24	89	Johannes Stieg OLV Steinberg	H35	1:20:16	4:34 4:34 1:12:48 5:20	9:03 4:29 1:18:09 5:21	11:31 2:28 1:19:52 1:43	13:21 1:50 1:20:16 0:24	14:37 1:16	16:25 1:48	17:48 1:23	23:55 6:07	26:52 2:57	29:41 2:49	33:09 3:28	34:08 0:59	37:47 3:39	43:33 5:46	44:46 1:13	46:40 1:54	49:34 2:54	53:12 3:38	57:10 3:58	1:00:49 3:39	1:01:55 1:06	1:07:28 5:33
25	88	Carl-Christian OLV Steinberg	H35	1:29:08	6:03 6:03 1:23:04 4:59	9:58 3:55 1:26:46 3:42	13:00 3:02 1:28:46 2:00	15:55 2:55 1:29:08 0:22	17:21 1:26	19:08 1:47	20:19 1:11	26:38 6:19	29:29 2:51	32:40 3:11	35:44 3:04	39:34 3:50	43:05 3:31	51:15 8:10	52:39 1:24	54:44 2:05	56:24 1:40	1:00:01 3:37	1:03:57 3:56	1:10:27 6:30	1:11:20 0:53	1:18:05 6:45



Pl	tnr	Name	Kat	Zeit																						
<b>Bahn 2 (27)</b>					<b>5,7 km</b>	<b>50 Hm</b>	<b>22 P</b>	<i>(Forts.)</i>																		
				1(34) Ziel	2(33)	3(32)	4(31)	5(59)	6(52)	7(58)	8(57)	9(37)	10(49)	11(39)	12(41)	13(40)	14(43)	15(44)	16(42)	17(50)	18(47)	19(48)	20(35)	21(38)	22(100)	
9	37	Renée Schwartz OSC Kassel	D35	58:09	2:34 2:34 58:09 0:14	4:18 1:44	5:55 1:37	7:01 1:06	8:20 1:19	12:16 3:56	14:53 2:37	17:20 2:27	20:52 3:32	23:27 2:35	25:42 2:15	28:55 3:13	29:59 1:04	34:16 4:17	35:33 1:17	38:28 2:55	40:18 1:50	46:15 5:57	47:22 1:07	51:44 4:22	56:28 4:44	57:55 1:27
10	104	Stefan Röhl OLF Mainz	H45	58:14	2:40 2:40 58:14 0:22	4:43 2:03	6:06 1:23	7:08 1:02	8:33 1:25	11:12 2:39	13:17 2:05	15:30 2:13	18:16 2:46	21:02 2:46	23:17 2:15	26:18 3:01	27:20 1:02	34:31 7:11	35:42 1:11	38:06 2:24	39:55 1:49	45:44 5:49	46:53 1:09	51:21 4:28	56:16 4:55	57:52 1:36
11	68	Nico Bauerfeld LTV Schwaben	H18	58:23	2:26 2:26 58:23 0:16	3:39 1:13	5:01 1:22	5:57 0:56	7:39 1:42	9:47 2:08	11:47 2:00	13:49 2:02	16:19 2:30	18:55 2:36	21:20 2:25	24:13 2:53	25:25 1:12	32:26 7:01	34:20 1:54	38:16 3:56	40:03 1:47	45:56 5:53	46:44 0:48	51:00 4:16	56:23 5:23	58:07 1:44
12	101	David Dessailly SC Königstein	H45	1:00:23	2:53 2:53 1:00:23 0:14	4:25 1:32	6:07 1:42	7:00 0:53	8:06 1:06	10:16 2:10	12:47 2:31	15:20 2:33	18:28 3:08	20:42 2:14	22:40 1:58	25:23 2:43	26:21 0:58	35:41 9:20	36:46 1:05	39:09 2:23	42:44 3:35	48:13 5:29	49:02 0:49	54:21 5:19	58:37 4:16	1:00:09 1:32
13	34	Christina Stagi Gymnasion Offe	D35	1:02:56	2:35 2:35 1:02:56 0:18	4:27 1:52	5:59 1:32	7:03 1:04	8:34 1:31	11:04 2:30	13:21 2:17	15:16 1:55	17:44 2:28	20:28 2:44	26:46 6:18	29:46 3:00	30:44 0:58	35:26 4:42	38:58 3:32	41:31 2:33	43:30 1:59	49:26 5:56	50:36 1:10	55:14 4:38	1:01:11 5:57	1:02:38 1:27
14	36	Aurélié Dessailly SC Königstein	D35	1:05:48	2:50 2:50 1:05:48 0:17	4:56 2:06	6:35 1:39	8:13 1:38	9:48 1:35	12:26 2:38	14:59 2:33	17:23 2:24	20:00 2:37	23:06 3:06	25:09 2:03	28:30 3:21	29:36 1:06	35:06 5:30	36:19 1:13	38:46 2:27	46:51 8:05	53:55 7:04	54:49 0:54	58:44 3:55	1:04:03 5:19	1:05:31 1:28
15	40	Svenja Liebler CTG Koblenz	D35	1:07:45	3:15 3:15 1:07:45 0:16	4:35 1:20	6:56 2:21	9:03 2:07	10:32 1:29	13:03 2:31	15:37 2:34	19:48 4:11	23:19 3:31	26:22 3:03	29:54 3:32	33:32 3:38	34:29 0:57	39:59 5:30	41:27 1:28	43:59 2:32	48:00 4:01	54:33 6:33	55:38 1:05	1:00:06 4:28	1:05:53 5:47	1:07:29 1:36
16	61	Jannik Saß OLF Mainz	H18	1:08:36	2:22 2:22 1:08:36 0:13	3:28 1:06	5:22 1:54	6:20 0:58	7:54 1:34	10:07 2:13	15:14 5:07	16:47 1:33	19:15 2:28	21:34 2:19	24:21 2:47	29:40 5:19	30:37 0:57	34:33 3:56	35:59 1:26	38:03 2:04	41:15 3:12	54:08 12:53	54:56 0:48	1:00:42 5:46	1:06:56 6:14	1:08:23 1:27
17	100	Matthias Kühle OL-Team Filder	H45	1:10:23	3:20 3:20 1:10:23 0:21	4:43 1:23	6:15 1:32	7:42 1:27	10:25 2:43	15:26 5:01	21:21 5:55	24:01 2:40	27:36 3:35	31:05 3:29	34:04 2:59	37:44 3:40	38:46 1:02	43:23 4:37	45:14 1:51	48:19 3:05	50:43 2:24	57:40 6:57	58:42 1:02	1:03:35 4:53	1:08:32 4:57	1:10:02 1:30
18	64	Bjarne Aelken LTV Hessen	H18	1:14:36	2:28 2:28 1:14:36 0:14	3:56 1:28	6:05 2:09	6:55 0:50	8:06 1:11	10:41 2:35	12:55 2:14	16:50 3:55	23:11 6:21	26:17 3:06	28:25 2:08	31:58 3:33	32:46 0:48	43:48 11:02	45:16 1:28	47:41 2:25	49:33 1:52	56:30 6:57	57:26 0:56	1:02:11 4:45	1:11:30 9:19	1:14:22 2:52
19	102	Markus Kaiser ohne Verein	H45	1:19:21	3:33 3:33 1:19:21 0:36	5:41 2:08	7:32 1:51	9:03 1:31	10:47 1:44	14:11 3:24	20:11 6:00	23:03 2:52	27:07 4:04	30:25 3:18	33:14 2:49	37:29 4:15	38:36 1:07	44:21 5:45	46:01 1:40	49:36 3:35	51:46 2:10	59:36 7:50	1:00:50 1:14	1:06:44 5:54	1:15:51 9:07	1:18:45 2:54
20	59	Léandre Dessai SC Königstein	H18	1:21:57	2:50 2:50 1:21:57 0:12	4:30 1:40	6:20 1:50	7:20 1:00	9:12 1:52	12:42 3:30	16:51 4:09	21:23 4:32	28:52 7:29	32:21 3:29	35:48 3:27	40:18 4:30	41:46 1:28	49:58 8:12	51:24 1:26	54:18 2:54	56:04 1:46	1:05:35 9:31	1:06:40 1:05	1:13:36 6:56	1:20:07 6:31	1:21:45 1:38

Pl	tnr	Name	Kat	Zeit																						
<b>Bahn 2 (27)</b>					<b>5,7 km 50 Hm</b>	<b>22 P</b>	<i>(Forts.)</i>																			
					1(34) Ziel	2(33)	3(32)	4(31)	5(59)	6(52)	7(58)	8(57)	9(37)	10(49)	11(39)	12(41)	13(40)	14(43)	15(44)	16(42)	17(50)	18(47)	19(48)	20(35)	21(38)	22(100)
21	62	Erik Kaiser LTV Hessen	H18	1:30:06	3:28 3:28 1:30:06	5:54 2:26	9:09 3:15	11:27 2:18	13:42 2:15	16:50 3:08	20:38 3:48	28:02 7:24	33:36 5:34	37:14 3:38	40:32 3:18	46:04 5:32	47:26 1:22	54:11 6:45	56:05 1:54	1:00:39 4:34	1:03:05 2:26	1:11:40 8:35	1:13:11 1:31	1:20:08 6:57	1:27:55 7:47	1:29:54 1:59
22	105	Dirk Könekamp SC Königstein	H45	1:32:31	2:42 2:42 1:32:31	3:53 1:11	5:23 1:30	6:16 0:53	7:36 1:20	10:44 3:08	13:06 2:22	19:54 6:48	23:03 3:09	31:54 8:51	35:14 3:20	38:28 3:14	39:26 0:58	45:15 5:49	46:43 1:28	49:20 2:37	51:26 2:06	57:15 5:49	58:23 1:08	1:02:10 3:47	1:15:12 13:02	1:16:48 1:36
23	69	Emanuel Betz LTV Hessen	H18	1:33:05	35:17 35:17 1:33:05	1:02 1:02	2:24 2:24	1:15 1:15	1:13 1:13	3:49 3:49	2:23 2:23	2:24 2:24	2:48 2:48	2:08 2:08	2:24 2:24	3:14 3:14	1:10 1:10	4:07 4:07	1:18 1:18	2:36 2:36	2:00 2:00	7:53 7:53	0:51 0:51	5:23 5:23	5:37 5:37	1:32:48 1:32
31	Deborah Sikan ohne Verein	D19-	ZeitÜb	3:17 3:17 2:14:21	5:32 2:15	7:08 1:36	----- 24:19	11:27 4:19	15:41 4:14	20:15 4:34	28:17 8:02	35:39 7:22	39:15 3:36	----- -----	1:02:15 23:00	1:03:44 1:29	1:09:11 5:27	1:11:03 1:52	1:16:37 5:34	1:21:18 4:41	1:50:31 29:13	1:55:36 5:05	2:02:57 7:21	----- -----	----- -----	----- -----
29	Anne Müller CTG Koblenz	D19-	FehlSt	3:52 3:52 1:42:51	10:11 6:19	12:45 2:34	14:31 1:46	16:36 2:05	19:37 3:01	24:26 4:49	27:12 2:46	31:57 4:45	35:21 3:24	38:53 3:32	44:02 5:09	45:26 1:24	1:01:03 15:37	1:02:22 1:19	1:06:02 3:40	1:08:20 2:18	1:17:15 8:55	1:18:27 1:12	1:25:17 6:50	----- -----	1:42:11 16:54	
63	Noah Schmidt LTV Schwaben	H18	Aufg	2:29 2:29 18:34	3:53 1:24	5:25 1:32	6:40 1:15	7:59 1:19	11:27 3:28	13:50 2:23	16:20 2:30	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	18:15 1:55
33	Paula Mühlstein LTV Hessen	D19-	Aufg	3:12 3:12 57:42	10:30 7:18	11:30 1:00	12:24 0:54	14:53 2:29	17:28 2:35	20:35 3:07	23:56 3:21	26:19 2:23	29:01 2:42	30:45 1:44	33:53 3:08	34:53 1:00	39:35 4:42	----- -----	----- -----	----- -----	----- -----	45:07 5:32	----- -----	55:45 10:38	57:22 1:37	
<b>Bahn 3 (27)</b>					<b>4,8 km 40 Hm</b>	<b>16 P</b>																				
					1(58)	2(57)	3(37)	4(49)	5(35)	6(48)	7(47)	8(50)	9(42)	10(44)	11(43)	12(40)	13(41)	14(39)	15(38)	16(100)	Ziel					
1	24	Marlene Fritz LTV Schwaben	D18	46:25	2:21 2:21	4:27 2:06	7:07 2:40	9:35 2:28	15:19 5:44	19:19 4:00	20:26 1:07	26:02 5:36	27:51 1:49	29:58 2:07	31:19 1:21	35:00 3:41	36:16 1:16	39:27 3:11	44:31 5:04	46:12 1:41	46:25 0:13					
2	28	Larissa Saß OLF Mainz	D18	46:27	2:36 2:36	5:53 3:17	10:17 4:24	12:39 2:22	16:40 4:01	20:27 3:47	21:31 1:04	26:51 5:20	28:28 1:37	30:35 2:07	31:41 1:06	35:33 3:52	36:39 1:06	39:52 3:13	44:56 5:04	46:11 1:15	46:27 0:16					
3	127	Klaus Mevius ohne Verein	H55	48:41	2:21 2:21	4:14 1:53	6:33 2:19	8:57 2:24	14:30 5:33	18:54 4:24	20:00 1:06	26:30 6:30	28:22 1:52	31:17 2:55	32:34 1:17	36:53 4:19	38:19 1:26	42:00 3:41	46:38 4:38	48:15 1:37	48:41 0:26					
4	20	Maira Könekamp LTV Hessen	D18	50:31	2:11 2:11	7:27 5:16	10:12 2:45	12:50 2:38	16:48 3:58	20:33 3:45	21:25 0:52	28:17 6:52	30:17 2:00	33:01 2:44	34:23 1:22	39:34 5:11	40:57 1:23	43:58 3:01	48:23 4:25	50:14 1:51	50:31 0:17					
5	106	Uwe Krausbaue CTG Koblenz	H55	51:05	2:34 2:34	4:41 2:07	8:17 3:36	11:04 2:47	15:06 4:02	19:19 4:13	20:31 1:12	27:36 7:05	31:00 3:24	33:58 2:58	35:33 1:35	40:02 4:29	41:01 0:59	44:24 3:23	49:11 4:47	50:40 1:29	51:05 0:25					
6	25	Jana Kunkelma LTV Hessen	D18	52:07	2:31 2:31	5:12 2:41	8:11 2:59	11:08 2:57	15:06 3:58	19:37 4:31	20:29 0:52	27:54 7:25	29:42 1:48	32:31 2:49	33:47 1:16	40:14 6:27	41:15 1:01	44:17 3:02	50:23 6:06	51:51 1:28	52:07 0:16					
7	47	Birgit Wersin TGM Budenhei	D45	53:25	3:01 3:01	6:40 3:39	9:34 2:54	11:57 2:23	17:22 5:25	21:56 4:34	23:11 1:15	29:40 6:29	32:47 3:07	35:24 2:37	36:46 1:22	41:07 4:21	42:32 1:25	46:03 3:31	51:30 5:27	52:55 1:25	53:25 0:30					
8	108	Wolfgang Vilz TV Jahn Eitelbo	H55	54:14	3:27 3:27	5:53 2:26	8:54 3:01	11:12 2:18	15:20 4:08	19:27 4:07	20:32 1:05	28:25 7:53	29:58 1:33	36:10 6:12	37:39 1:29	42:33 4:54	43:48 1:15	46:55 3:07	52:25 5:30	53:49 1:24	54:14 0:25	26:48 *42				
9	21	Fabienne Köne LTV Hessen	D18	54:23	3:06 3:06	7:18 4:12	10:26 3:08	13:11 2:45	17:30 4:19	21:48 4:18	22:57 1:09	29:42 6:45	31:29 1:47	34:23 2:54	35:44 1:21	40:29 4:45	41:39 1:10	46:18 4:39	52:31 6:13	54:08 1:37	54:23 0:15					

Pl	tnr	Name	Kat	Zeit																									
<b>Bahn 3 (27)</b>					<b>4,8 km 40 Hm</b>		<b>16 P</b>		<i>(Forts.)</i>																				
					1(58)	2(57)	3(37)	4(49)	5(35)	6(48)	7(47)	8(50)	9(42)	10(44)	11(43)	12(40)	13(41)	14(39)	15(38)	16(100)	Ziel								
10	27	Julia Fritz LTV Schwaben	D18	55:17	3:08	5:09	11:33	13:50	19:59	24:23	25:19	32:32	34:22	37:00	38:18	42:11	43:10	47:14	52:39	55:02	55:17								
11	123	Lisa-Sophie Pis ohne Verein	OffL	55:51	3:08	2:01	6:24	2:17	6:09	4:24	0:56	7:13	1:50	2:38	1:18	3:53	0:59	4:04	5:25	2:23	0:15								
12	120	Vincent von Go ohne Verein	OffL	59:48	7:19	9:59	13:23	15:33	19:33	24:54	25:47	31:06	32:36	35:32	37:16	41:42	44:33	48:18	54:02	55:32	55:51								
13	48	Sonja Gerhard TGM Budenhei	D45	1:02:00	7:19	2:40	3:24	2:10	4:00	5:21	0:53	5:19	1:30	2:56	1:44	4:26	2:51	3:45	5:44	1:30	0:19								
14	23	Jasmin Bechtel LTV Hessen	D18	1:03:04	7:57	2:25	5:46	3:00	5:30	4:44	1:17	6:28	1:25	2:53	1:44	5:26	1:17	3:34	4:17	1:41	0:24								
15	46	Iris Kosch OLV Steinberg	D45	1:03:11	4:25	7:39	14:15	17:38	22:41	26:49	28:11	34:34	36:25	39:14	40:38	45:28	46:52	50:50	58:47	1:01:19	1:02:00								
16	129	Kirsten Rösel ohne Verein	D45	1:04:05	4:25	3:14	6:36	3:23	5:03	4:08	1:22	6:23	1:51	2:49	1:24	4:50	1:24	3:58	7:57	2:32	0:41								
17	121	Max Peise OLV Steinberg	OffL	1:08:52	4:07	8:52	12:54	16:36	21:38	26:04	27:05	34:18	38:20	41:38	43:16	47:55	49:03	52:57	1:00:29	1:02:43	1:03:04								
18	109	Klaus Pflästerer AC 1892 Weinhe	H55	1:10:31	4:07	4:45	4:02	3:42	5:02	4:26	1:01	7:13	4:02	3:18	1:38	4:39	1:08	3:54	7:32	2:14	0:21								
19	22	Annika Simsch TGM Budenhei	D18	1:10:33	3:15	7:29	11:31	14:39	20:18	26:16	27:33	36:45	38:50	41:36	43:09	48:22	49:45	54:03	1:00:43	1:02:46	1:03:11								
20	44	Henrike Kaiser ohne Verein	D45	1:19:52	3:15	4:14	4:02	3:08	5:39	5:58	1:17	9:12	2:05	2:46	1:33	5:13	1:23	4:18	6:40	2:03	0:25								
21	42	Elvira Weingar OLV Steinberg	D45	1:25:15	2:33	5:31	16:29	18:32	25:01	28:28	29:21	34:25	35:42	37:52	38:53	47:20	54:59	58:30	1:02:25	1:03:45	1:04:05								
22	128	Karsten Köneka ohne Verein	OffL	1:34:37	2:33	2:58	10:58	2:03	6:29	3:27	0:53	5:04	1:17	2:10	1:01	8:27	7:39	3:31	3:55	1:20	0:20								
23	41	Katja Lahm CTG Koblenz	D45	2:27:34	4:10	6:37	13:31	16:36	25:50	30:59	31:49	37:29	39:31	42:16	49:44	55:25	57:43	1:00:54	1:07:37	1:08:34	1:08:52								
	133	Esther Mietzsch ohne Verein	D45	Aufg	4:10	2:27	6:54	3:05	9:14	5:09	0:50	5:40	2:02	2:45	7:28	5:41	2:18	3:11	6:43	0:57	0:18								
	26	Jule Wersin TGM Budenhei	D18	Aufg	4:19	6:43	11:31	13:56	30:22	34:32	35:34	44:43	48:16	51:30	53:04	58:44	1:00:08	1:03:55	1:08:43	1:10:16	1:10:31	17:36 *39	20:54 *39						
	130	David Bechhau Gymnasion Offe	OffL	Aufg	4:19	2:24	4:48	2:25	16:26	4:10	1:02	9:09	3:33	3:14	1:34	5:40	1:24	3:47	4:48	1:33	0:15								
AK	132	Klaus Helfrich OLV Steinberg	H55	43:02	2:57	5:33	11:51	14:10	33:40	38:11	39:04	45:42	47:10	50:08	51:31	57:20	59:11	1:03:02	1:08:32	1:10:20	1:10:33								
					2:57	2:36	6:18	2:19	19:30	4:31	0:53	6:38	1:28	2:58	1:23	5:49	1:51	3:51	5:30	1:48	0:13								
					5:09	8:47	13:41	17:26	25:50	31:20	32:56	41:17	45:21	49:54	51:49	59:01	1:02:18	1:07:44	1:15:08	1:19:29	1:19:52								
					5:09	3:38	4:54	3:45	8:24	5:30	1:36	8:21	4:04	4:33	1:55	7:12	3:17	5:26	7:24	4:21	0:23								
					9:35	13:04	16:50	21:18	43:25	48:42	50:04	58:36	1:00:32	1:04:08	1:05:39	1:10:25	1:11:46	1:16:38	1:23:02	1:24:55	1:25:15								
					9:35	3:29	3:46	4:28	22:07	5:17	1:22	8:32	1:56	3:36	1:31	4:46	1:21	4:52	6:24	1:53	0:20								
					16:26	21:01	25:31	29:34	36:14	41:49	43:03	52:41	58:29	1:02:14	1:04:42	1:09:58	1:12:41	1:19:02	1:32:01	1:34:09	1:34:37	50:40 *43							
					8:06	13:13	19:25	45:22	52:07	59:54	1:02:00	1:27:29	1:30:47	1:37:47	1:52:05	2:04:01	2:05:52	2:12:33	2:24:28	2:27:02	2:27:34								
					8:06	5:07	6:12	25:57	6:45	7:47	2:06	25:29	3:18	7:00	14:18	11:56	1:51	6:41	11:55	2:34	0:32								
					-----	-----	7:08	23:54	-----	25:44	26:45	53:07	-----	-----	-----	-----	-----	-----	-----	-----	0:00	2:42 *32	4:10 *35	4:55 *34	8:24 *40				
					9:14 *38	11:11 *39	12:46 *33	15:05 *36	19:00 *44	30:35 *46	31:23 *45	34:57 *31	38:25 *40	39:35 *39	41:44 *34	43:13 *32	44:57 *36	45:26 *37	46:42 *38	48:40 *42	51:13 *44	0:00 *33	0:00 *32	0:00 *59	0:00 *52				
					4:46	9:15	13:23	18:00	33:31	43:05	44:45	-----	-----	-----	-----	-----	-----	-----	-----	-----	58:06								
					4:46	4:29	4:08	4:37	15:31	9:34	1:40																		
					3:32	8:25	13:58	17:51	25:48	34:15	36:14	48:35	51:56	-----	-----	-----	-----	-----	-----	1:11:28	1:11:47								
					3:32	4:53	5:33	3:53	7:57	8:27	1:59	12:21	3:21																
					2:19	4:22	8:46	10:32	13:56	18:24	19:08	24:19	27:06	29:08	30:10	33:33	34:31	37:24	41:22	42:42	43:02								
					2:19	2:03	4:24	1:46	3:24	4:28	0:44	5:11	2:47	2:02	1:02	3:23	0:58	2:53	3:58	1:20	0:20								
<b>Bahn 4 (16)</b>					<b>3,0 km 30 Hm</b>		<b>11 P</b>																						
					1(33)	2(32)	3(59)	4(52)	5(57)	6(38)	7(39)	8(36)	9(37)	10(58)	11(100)	Ziel													
1	111	Achim Bader OLF Mainz	H65	36:26	4:13	5:54	7:06	9:59	13:59	17:02	22:04	26:19	29:36	33:37	35:55	36:26													
2	50	Evelyn Büsche CTG Koblenz	D55	40:11	4:13	1:41	1:12	2:53	4:00	3:03	5:02	4:15	3:17	4:01	2:18	0:31													
3	56	Hilde Bader OLF Mainz	D65	45:45	3:57	1:59	1:12	3:01	4:43	3:37	6:59	3:21	3:36	4:35	2:45	0:26													
4	52	Valentina Schle OLV Steinberg	D65	48:08	3:50	6:14	7:43	10:55	15:54	24:57	31:52	35:17	39:09	43:04	45:23	45:45													
5	51	Petra Speh-Rot LTV Hessen	D55	50:03	3:50	2:24	1:29	3:12	4:59	9:03	6:55	3:25	3:52	3:55	2:19	0:22													
					4:38	2:09	1:31	4:51	5:05	4:26	7:06	3:47	4:39	5:37	3:48	0:31													
					4:35	7:03	8:56	12:45	18:33	23:29	31:48	35:33	40:24	45:54	49:34	50:03													
					4:35	2:28	1:53	3:49	5:48	4:56	8:19	3:45	4:51	5:30	3:40	0:29													

Pl	tnr	Name	Kat	Zeit												
<b>Bahn 4 (16)</b>					<b>3,0 km 30 Hm</b>	<b>11 P</b>	<i>(Forts.)</i>									
					1(33)	2(32)	3(59)	4(52)	5(57)	6(38)	7(39)	8(36)	9(37)	10(58)	11(100)	Ziel
6	110	Wladimir Kotsch Gymnasion Offe	H65	51:40	6:01	7:59	10:11	14:26	19:56	24:11	32:20	38:51	43:15	47:44	51:13	51:40
7	17	Katharina Saß OLF Mainz	D14	53:40	6:01	1:58	2:12	4:15	5:30	4:15	8:09	6:31	4:24	4:29	3:29	0:27
8	113	Hans Conrad TSG 1846 Darm	H65	54:24	3:29	5:27	6:41	11:04	16:47	20:36	28:41	43:20	46:40	51:01	54:05	54:24
9	57	Jean Dessailly SC Königstein	H14	58:25	3:29	1:58	1:14	4:23	5:43	3:49	8:05	14:39	3:20	4:21	3:04	0:19
10	55	Gerda Müller SV Mörlenbach	D65	1:02:54	3:00	5:32	6:34	9:56	14:45	33:13	40:32	47:58	50:52	55:15	58:10	58:25
11	112	Peter Müller SV Mörlenbach	H65	1:08:22	3:00	2:32	1:02	3:22	4:49	18:28	7:19	7:26	2:54	4:23	2:55	0:15
12	53	Elfi Coppik OLV Steinberg	D65	1:11:39	5:01	8:10	10:01	14:35	21:12	26:26	41:10	46:34	52:18	58:23	1:02:15	1:02:54
13	54	Gisela Müller TV 1886 Dieden	D65	1:12:54	5:01	3:09	1:51	4:34	6:37	5:14	14:44	5:24	5:44	6:05	3:52	0:39
14	125	Gerhard Horn ohne Verein	H65	1:13:59	5:09	7:38	9:45	14:18	22:03	33:23	43:42	48:13	53:27	1:03:51	1:07:50	1:08:22
15	58	Nils Gerhard TGM Budenhei	H14	1:23:34	5:09	2:29	2:07	4:33	7:45	11:20	10:19	4:31	5:14	10:24	3:59	0:32
AK	107	Ulrich Birk TV 1886 Dieden	H65	1:32:32	4:11	6:44	8:20	12:19	17:48	29:33	46:29	53:51	1:02:49	1:07:39	1:11:07	1:11:39
				4:46	3:34	1:59	9:34	6:47	4:39	16:25	7:54	4:55	8:45	3:03	0:33	
				6:23	9:56	13:58	17:52	26:50	33:49	46:23	58:20	1:02:57	1:09:16	1:13:18	1:13:59	
				6:23	3:33	4:02	3:54	8:58	6:59	12:34	11:57	4:37	6:19	4:02	0:41	
				4:21	9:59	13:42	18:28	33:57	44:22	56:38	1:07:50	1:13:13	1:20:04	1:23:19	1:23:34	
				4:21	5:38	3:43	4:46	15:29	10:25	12:16	11:12	5:23	6:51	3:15	0:15	
				9:07	13:56	16:22	20:39	25:42	39:11	46:43	1:07:35	1:11:30	1:28:25	1:32:08	1:32:32	
				9:07	4:49	2:26	4:17	5:03	13:29	7:32	20:52	3:55	16:55	3:43	0:24	

1:07:50  
\*100

<b>Bahn 5 (17)</b>					<b>1,9 km 20 Hm</b>	<b>9 P</b>										
					1(55)	2(33)	3(34)	4(52)	5(53)	6(37)	7(51)	8(57)	9(100)	Ziel		
1	15	Daniel Schmidt TSG Wiesloch	D/H12	19:45	1:53	3:29	5:12	6:27	7:55	10:30	11:36	18:42	19:30	19:45		
2	9	Lina Behrendt LTV Hessen	D/H12	22:10	1:53	1:36	1:43	1:15	1:28	2:35	1:06	7:06	0:48	0:15		
3	5	Michael Schlei LTV Hessen	D/H12	23:48	1:43	3:08	5:48	7:29	8:59	11:34	13:02	20:51	21:54	22:10		
4	16	Marika Prolingh TuS Karlsruhe-	D/H12	23:53	1:43	1:25	2:40	1:41	1:30	2:35	1:28	7:49	1:03	0:16		
5	12	Fritz Berenbruc LTV Hessen	D/H12	26:56	1:53	3:43	5:36	6:55	8:33	19:03	20:32	22:43	23:32	23:48		
6	14	Katja Horst LTV Hessen	D/H12	26:58	1:53	1:50	1:53	1:19	1:38	10:30	1:29	2:11	0:49	0:16		
7	116	Rebecca Bechh Gymnasion Offe	OffK	28:46	2:04	3:45	5:25	12:57	15:34	18:20	20:03	22:14	23:39	23:53		
8	115	Christoph Sch TSG Wiesloch	OffK	28:59	2:04	1:41	1:40	7:32	2:37	2:46	1:43	2:11	1:25	0:14		
8	13	Emma Roth TGM Budenhei	D/H12	28:59	2:12	4:41	8:43	12:28	15:11	20:40	22:27	25:26	26:38	26:56		
10	119	Sonja Brusdau OL-Team Filder	OffK	29:35	2:12	2:29	4:02	3:45	2:43	5:29	1:47	2:59	1:12	0:18		
11	118	Frank Bechhau Gymnasion Offe	OffK	34:08	3:11	5:46	9:48	12:02	17:27	18:36	25:28	26:39	26:58			
12	131	Lennart Fiedler ohne Verein	OffK	36:04	1:41	1:30	2:35	4:02	2:14	5:25	1:09	6:52	1:11	0:19		
13	114	Tabea Bechhau Gymnasion Offe	OffK	36:33	3:04	5:50	8:32	11:01	14:10	19:01	21:49	25:51	28:07	28:46		
				3:04	2:46	2:42	2:29	3:09	4:51	2:48	4:02	2:16	0:39			
				2:56	5:24	7:39	9:56	12:59	18:57	21:56	26:32	28:36	28:59			
				2:56	2:28	2:15	2:17	3:03	5:58	2:59	4:36	2:04	0:23			
				2:47	5:05	10:13	14:36	19:29	23:01	24:33	27:34	28:40	28:59			
				2:47	2:18	5:08	4:23	4:53	3:32	1:32	3:01	1:06	0:19			
				2:57	6:02	10:06	12:27	16:33	21:34	23:16	26:25	29:12	29:35			
				2:57	3:05	4:04	2:21	4:06	5:01	1:42	3:09	2:47	0:23			
				3:43	3:31	2:44	4:05	4:47	5:25	3:12	4:10	2:06	0:25			
				3:38	6:36	13:23	16:11	19:37	24:11	27:58	33:19	35:49	36:04			
				3:38	2:58	6:47	2:48	3:26	4:34	3:47	5:21	2:30	0:15			
				4:07	7:09	13:58	16:41	20:09	24:48	28:28	33:58	36:16	36:33			
				4:07	3:02	6:49	2:43	3:28	4:39	3:40	5:30	2:18	0:17			

Pl	tnr	Name	Kat	Zeit										
<b>Bahn 5 (17)</b>				<b>1,9 km 20 Hm</b>		<b>9 P</b>		<i>(Forts.)</i>						
				1(55)	2(33)	3(34)	4(52)	5(53)	6(37)	7(51)	8(57)	9(100)	Ziel	
14	126	Lucia Rösel ohne Verein	D/H12	41:22	2:28	9:23	10:49	12:21	14:39	23:31	31:40	39:12	40:59	41:22
					2:28	6:55	<b>1:26</b>	1:32	2:18	8:52	8:09	7:32	1:47	0:23
15	10	Flora Dessailly SC Königstein	D/H12	43:31	2:08	19:52	25:54	27:55	29:57	35:46	37:44	41:32	43:16	43:31
					2:08	17:44	6:02	2:01	2:02	5:49	1:58	3:48	1:44	0:15
16	117	Christine Bech Gymnasion Offe	OffK	46:41	3:40	7:14	12:59	18:41	26:29	33:05	36:56	42:04	45:52	46:41
					3:40	3:34	5:45	5:42	7:48	6:36	3:51	5:08	3:48	0:49
17	8	Teresa Funk LTV Schwaben	D/H12	53:56	4:29	10:25	16:10	23:23	32:23	41:32	45:07	51:29	53:31	53:56
					4:29	5:56	5:45	7:13	9:00	9:09	3:35	6:22	2:02	0:25
<b>Bahn 6 (4)</b>				<b>1,0 km 10 Hm</b>		<b>5 P</b>								
				1(55)	2(53)	3(45)	4(60)	5(100)	Ziel					
1	6	Emil Prolinghe TuS Karlsruhe-	D/H10	8:17	2:09	4:08	5:42	7:04	7:52	8:17				
					2:09	1:59	1:34	1:22	0:48	0:25				
2	2	Levi Stiegelmei LTV Hessen	D/H10	18:02	2:21	10:36	13:27	15:28	17:36	18:02				
					2:21	8:15	2:51	2:01	2:08	0:26				
3	1	Milla Cronau TGM Budenhei	D/H10	21:38	5:29	9:46	13:04	17:46	21:14	21:38				
					5:29	4:17	3:18	4:42	3:28	0:24				
3	4	Madita Cronau TGM Budenhei	D/H10	21:38	5:29	9:46	13:04	17:46	21:14	21:38				
					5:29	4:17	3:18	4:42	3:28	0:24				