

# Ergebnis – Offenes Wintertraining Rhein-Main / 1. RMRL

2019-01-27

| <b>D/H10</b>         | <b>(10 / 10)</b>      | <b>Zeit</b> | <b>Rückstand</b> |
|----------------------|-----------------------|-------------|------------------|
| 1. Daniel Schmidt    | TSG Wiesloch          | 10:12       |                  |
| 2. Katja Horst       | SC Königstein         | 11:00       | +0:48            |
| 3. Tobias Doetsch    | OLV Steinberg         | 12:36       | +2:24            |
| 4. Fritz Berenbruch  | OLV Steinberg         | 14:12       | +4:00            |
| 5. Julian Doetsch    | OLV Steinberg         | 15:24       | +5:12            |
| 6. Sophie Behrendt   | OLV Steinberg         | 15:37       | +5:25            |
| 7. Lina Behrendt     | OLV Steinberg         | 19:55       | +9:43            |
| 8. Emil Prolingheuer | TuS Karlsruhe-Rüppurr | 24:42       | +14:30           |
| 9. Quentin Hinkel    | OLV Steinberg         | 29:33       | +19:21           |
| Michael Schlei       | OLV Steinberg         | Nicht Ang.  |                  |

| <b>D/H12</b>           | <b>(6 / 6)</b>        | <b>Zeit</b> | <b>Rückstand</b> |
|------------------------|-----------------------|-------------|------------------|
| 1. Marie Niemann       | OLV Steinberg         | 14:23       |                  |
| 2. Marika Prolingheuer | TuS Karlsruhe-Rüppurr | 16:19       | +1:56            |
| 3. Fynn Hamann         | TG Traisa             | 22:54       | +8:31            |
| 4. Ulrich AK Birk      | TV 1886 Diedenbergen  | 25:02       | +10:39           |
| Merle Niemann          | OLV Steinberg         | Fehlst.     |                  |
| Karl Olbertz           | TG Traisa             | Nicht Ang.  |                  |

**Ergebnis – Offenes Wintertraining Rhein-Main / 1. RMRL**

2019-01-27

|                                 |                       | <b>Punkte</b> | <b>Zeit</b> | <b>Rückstand</b> | <b>Collected points</b> | <b>Deduction</b> |
|---------------------------------|-----------------------|---------------|-------------|------------------|-------------------------|------------------|
| <b>D14</b>                      | <b>(3 / 3)</b>        |               |             |                  |                         |                  |
| 1. Fabienne Könekamp            | LTV Hessen            | 36 p.         | 29:35       | +6:29            | 36                      |                  |
| 2. Jana Gebhardt                | LTV Hessen            | 27 p.         | 27:20       | +4:14            | 27                      |                  |
| 3. Ulla Horst                   | SC Königstein         | 20 p.         | 23:06       |                  | 20                      |                  |
| <b>D18</b>                      | <b>(5 / 5)</b>        | <b>Punkte</b> | <b>Zeit</b> | <b>Rückstand</b> | <b>Collected points</b> | <b>Deduction</b> |
| 1. Jana Kunkelmann              | LTV Hessen            | 32 p.         | 28:58       | +1:42            | 32                      |                  |
| 2. Jasmin Bechtel               | LTV Hessen            | 27 p.         | 27:16       |                  | 27                      |                  |
| 3. Rebecca Bechhaus             | Gymnasion Offenbach   | 19 p.         | 28:59       | +1:43            | 19                      |                  |
| Maira Könekamp                  | LTV Hessen            | 0 p.          | Nicht Ang.  |                  | 0                       |                  |
| Tabea Bechhaus                  | LTV Hessen            | 0 p.          | Nicht Ang.  |                  | 0                       |                  |
| <b>D19</b>                      | <b>(7 / 7)</b>        | <b>Punkte</b> | <b>Zeit</b> | <b>Rückstand</b> | <b>Collected points</b> | <b>Deduction</b> |
| 1. Paulina Strobel              | USV Jena              | 40 p.         | 28:51       | +0:55            | 40                      |                  |
| 2. Paula Mühlstein              | LTV Hessen            | 40 p.         | 28:54       | +0:58            | 40                      |                  |
| 3. Sabeth Kosch                 | OLV Steinberg         | 38 p.         | 27:56       |                  | 38                      |                  |
| 4. Lena Hinkel                  | OLV Steinberg         | 34 p.         | 28:22       | +0:26            | 34                      |                  |
| 5. Marina Schmidt               | CTG Koblenz           | 34 p.         | 30:26       | +2:30            | 37                      | -3               |
| 6. Julia Sorgatz                | TuS Karlsruhe-Rüppurr | 29 p.         | 28:53       | +0:57            | 29                      |                  |
| 7. Cliona Murphy                | Murphy                | 25 p.         | 34:04       | +6:08            | 40                      | -15              |
| <b>D35</b>                      | <b>(6 / 6)</b>        | <b>Punkte</b> | <b>Zeit</b> | <b>Rückstand</b> | <b>Collected points</b> | <b>Deduction</b> |
| 1. Niina Laakso                 | OLV Steinberg         | 42 p.         | 29:49       | +0:54            | 42                      |                  |
| 2. Luise Kärger                 | TuS Karlsruhe-Rüppurr | 37 p.         | 28:55       |                  | 37                      |                  |
| 3. Svenja Liebler               | CTG Koblenz           | 36 p.         | 29:52       | +0:57            | 36                      |                  |
| 4. Christina Staginnus          | Gymnasion Offenbach   | 27 p.         | 34:20       | +5:25            | 42                      | -15              |
| 5. Conny Doetsch                | OLV Steinberg         | 25 p.         | 29:19       | +0:24            | 25                      |                  |
| Brit Horst                      | SC Königstein         | 0 p.          | Nicht Ang.  |                  | 0                       |                  |
| <b>D45</b>                      | <b>(6 / 6)</b>        | <b>Punkte</b> | <b>Zeit</b> | <b>Rückstand</b> | <b>Collected points</b> | <b>Deduction</b> |
| 1. Iris Kosch                   | OLV Steinberg         | 34 p.         | 29:01       | +2:59            | 34                      |                  |
| 2. Sonja Brusdau                | OL-Team Filder        | 21 p.         | 30:47       | +4:45            | 24                      | -3               |
| 3. Henrike Kaiser               | Kaiser                | 18 p.         | 32:03       | +6:01            | 27                      | -9               |
| 4. Teresa Díaz-Toledo Fernández | Gymnasion Offenbach   | 15 p.         | 31:17       | +5:15            | 21                      | -6               |
| 5. Christine Bechhaus           | Gymnasion Offenbach   | 14 p.         | 26:02       |                  | 14                      |                  |
| 6. Marion Vilz                  | TV Jahn Eitelborn     | 10 p.         | 33:27       | +7:25            | 22                      | -12              |
| <b>D55</b>                      | <b>(2 / 2)</b>        | <b>Punkte</b> | <b>Zeit</b> | <b>Rückstand</b> | <b>Collected points</b> | <b>Deduction</b> |
| 1. Evelyn Büschemann            | CTG Koblenz           | 26 p.         | 30:05       | +0:11            | 29                      | -3               |
| 2. Petra Speh-Rothaug           | LTV Hessen            | 24 p.         | 29:54       |                  | 24                      |                  |
| <b>D65</b>                      | <b>(2 / 2)</b>        | <b>Punkte</b> | <b>Zeit</b> | <b>Rückstand</b> | <b>Collected points</b> | <b>Deduction</b> |
| 1. Gisela Müller                | TV 1886 Diedenbergen  | 15 p.         | 32:07       |                  | 24                      | -9               |
| Gerda Müller                    | SV Mörtenbach         | 0 p.          | Nicht Ang.  |                  | 0                       |                  |
| <b>H14</b>                      | <b>(3 / 3)</b>        | <b>Punkte</b> | <b>Zeit</b> | <b>Rückstand</b> | <b>Collected points</b> | <b>Deduction</b> |
| 1. Bjarne Aelken                | LTV Hessen            | 38 p.         | 28:15       | +2:20            | 38                      |                  |
| 2. Paul Neumann                 | LTV Hessen            | 27 p.         | 25:55       |                  | 27                      |                  |
| 3. Erik Kaiser                  | Kaiser                | 21 p.         | 26:40       | +0:45            | 21                      |                  |
| <b>H18</b>                      | <b>(5 / 5)</b>        | <b>Punkte</b> | <b>Zeit</b> | <b>Rückstand</b> | <b>Collected points</b> | <b>Deduction</b> |
| 1. Matti Niemann                | OLV Steinberg         | 40 p.         | 29:25       | +0:42            | 40                      |                  |
| 2. Emanuel Betz                 | LTV Hessen            | 38 p.         | 29:19       | +0:36            | 38                      |                  |
| 3. Jann Heydkamp                | LTV Hessen            | 35 p.         | 28:56       | +0:13            | 35                      |                  |
| 4. Nick Teigeler                | TG Traisa             | 26 p.         | 29:29       | +0:46            | 26                      |                  |
| 5. David Bechhaus               | Gymnasion Offenbach   | 16 p.         | 28:43       |                  | 16                      |                  |
| <b>H19</b>                      | <b>(9 / 9)</b>        | <b>Punkte</b> | <b>Zeit</b> | <b>Rückstand</b> | <b>Collected points</b> | <b>Deduction</b> |
| 1. Toby Scott                   | OLV Steinberg         | 48 p.         | 25:37       |                  | 48                      |                  |
| 2. Hendrik Holzhauer            | LTV Hessen            | 48 p.         | 26:08       | +0:31            | 48                      |                  |
| 3. Friedrich von Uckro          | LTV Hessen            | 47 p.         | 28:19       | +2:42            | 47                      |                  |
| 4. Niklas Holzhauer             | LTV Hessen            | 47 p.         | 28:54       | +3:17            | 47                      |                  |
| 5. Patrick Matthias             | Matthias              | 45 p.         | 29:28       | +3:51            | 45                      |                  |
| 6. Simeon Doetsch               | OLV Steinberg         | 45 p.         | 29:55       | +4:18            | 45                      |                  |
| 7. Stephan Bay                  | Unisport TU           | 35 p.         | 29:50       | +4:13            | 35                      |                  |
| 8. Stem Gebel                   | Gebel                 | 31 p.         | 30:02       | +4:25            | 34                      | -3               |
| Michael Thierolf                | TSG Bad König         | 0 p.          | Nicht Ang.  |                  | 0                       |                  |
| <b>H35</b>                      | <b>(7 / 7)</b>        | <b>Punkte</b> | <b>Zeit</b> | <b>Rückstand</b> | <b>Collected points</b> | <b>Deduction</b> |
| 1. Anatolii Dunaev              | Gymnasion Offenbach   | 48 p.         | 24:53       |                  | 48                      |                  |
| 2. Ingo Horst                   | SC Königstein         | 48 p.         | 25:25       | +0:32            | 48                      |                  |
| 3. Marcel Göhler                | CTG Koblenz           | 47 p.         | 28:12       | +3:19            | 47                      |                  |
| 4. Jakob Doetsch                | OLV Steinberg         | 47 p.         | 29:51       | +4:58            | 47                      |                  |
| 5. Jesús Hervás Lucas           | Gymnasion Offenbach   | 45 p.         | 29:14       | +4:21            | 45                      |                  |
| 6. Kurt Henning Schröder        | Gymnasion Offenbach   | 43 p.         | 30:45       | +5:52            | 46                      | -3               |
| 7. Carl-Christian Köppl         | OLV Steinberg         | 33 p.         | 30:41       | +5:48            | 36                      | -3               |
| <b>H45</b>                      | <b>(8 / 8)</b>        | <b>Punkte</b> | <b>Zeit</b> | <b>Rückstand</b> | <b>Collected points</b> | <b>Deduction</b> |
| 1. Ingo Neumann                 | TG Traisa             | 46 p.         | 29:03       | +1:45            | 46                      |                  |
| 2. Marcus Schmidt               | TSG Wiesloch          | 45 p.         | 27:18       |                  | 45                      |                  |
| 3. Markus Prolingheuer          | TuS Karlsruhe-Rüppurr | 43 p.         | 28:07       | +0:49            | 43                      |                  |
| 4. Christian Kosch              | OLV Steinberg         | 42 p.         | 28:47       | +1:29            | 42                      |                  |
| 5. Peter Raupach                | OLV Steinberg         | 38 p.         | 28:52       | +1:34            | 38                      |                  |

|                                 |                     |               |             |                  |                         |                  |
|---------------------------------|---------------------|---------------|-------------|------------------|-------------------------|------------------|
| 6. Matthias Kühlewein           | OL-Team Filder      | 29 p.         | 29:30       | +2:12            | 29                      |                  |
| 7. Frank Bechhaus               | Gymnasium Offenbach | 2 p.          | 31:32       | +4:14            | 8                       | -6               |
| Markus Kaiser                   | Kaiser              | 0 p.          | Nicht Ang.  |                  | 0                       |                  |
| <b>H55</b>                      | <b>(3 / 3)</b>      | <b>Punkte</b> | <b>Zeit</b> | <b>Rückstand</b> | <b>Collected points</b> | <b>Deduction</b> |
| 1. Uwe Krausbauer               | CTG Koblenz         | 41 p.         | 30:23       | +0:05            | 44                      | -3               |
| 2. Wolfgang Vilz                | TV Jahn Eitelborn   | 33 p.         | 30:18       |                  | 36                      | -3               |
| Patric Stieler                  | SC Königstein       | 0 p.          | Nicht Ang.  |                  | 0                       |                  |
| <b>H65</b>                      | <b>(3 / 3)</b>      | <b>Punkte</b> | <b>Zeit</b> | <b>Rückstand</b> | <b>Collected points</b> | <b>Deduction</b> |
| 1. Hans Conrad                  | TSG 1846 Darmstadt  | 29 p.         | 27:16       |                  | 29                      |                  |
| 2. Peter Müller                 | SV Mörtenbach       | 13 p.         | 27:18       | +0:02            | 13                      |                  |
| 3. Werner George Klawun Kendray | Sachsen-Marathon    | 0 p.          | 41:51       | +14:35           | 35                      | -36              |
| <b>Offen</b>                    | <b>(1 / 1)</b>      | <b>Punkte</b> | <b>Zeit</b> | <b>Rückstand</b> | <b>Collected points</b> | <b>Deduction</b> |
| 1. Alexander Kurpiers           | Kurpiers            | 38 p.         | 29:44       |                  | 38                      |                  |